

9/10/07

**FREDERICK COUNTY COMMISSION ON AGING  
BOARD OF DIRECTORS MEETING  
September 10, 2007**

**ATTENDEES:**

**Members:**

Sue M. Adams  
William P. Allen, PhD  
Earl S. Beck, PhD  
Mary S. Bevard-Cline, Rec. Sec.  
Harold A. Ehart, Jr., Chair  
Judy Hallman, Vice Chair  
Lloyd Hoover  
Louise Lynch  
Margaret Newsbaum  
Bernice Sewell  
Burt Shawver  
Susan Shelton  
Anna Mary Snyder  
Carolyn True

**Excused**

Collier Baird  
Rae Ann Butler  
Ona M. John Kile

**Unexcused:**

**Guests:**

Robert Wannemacher, AARP  
Carol Haag, RSVP  
Angela Dredde, PNC Mtg.  
Mia Brust, Frederick Sr.  
Center  
Gil House, Guest  
Susan Hofstra, Urbana Sr.  
Center  
Kitty Devilbiss, Frederick Sr.  
Center  
Shirley H. Shores, Brunswick  
Sr. Center

- I. **Call to Order** – Hal Ehart, Chair, called the meeting to order at 1:00 pm.
- II. **Welcome & Introductions** – Hal Ehart welcomed all attendees and introductions/affiliations were made.
- III. **Approval of Minutes** – The minutes of the July 9, 2007 meeting were approved on a motion by Pete Allen and seconded by Earl Beck. All were in favor.
- IV. **Commissioner's Comments** – No report.
- V. **Comments from Seniors** –
  - Mr. Gil House, a guest from the Urbana Senior Center, indicated he would like to see a variable lunch period but understands the constraints. He also serves on the Disabilities Commission, the Urbana Historical Society and is an avid early morning walker in that he walks at 5:30 am utilizing the sidewalks in the Villages of Urbana. He enjoys the chef visits once a month either serving waffles for breakfast or salads for lunch.
  - Update on Urbana Senior Center – Susan Hofstra indicated that it has been a slow summer. There are still some building issues to be worked out. Strength Training and Chair Yoga classes began today. The calendar is now available on the DoA website. They are partnering with FCC ILR on Tai Chi and Movers and Shakers. The center will be open 3 Wednesday evenings in October and 1 Wednesday evening in November. The meal program is doing well. Meals are picked up each day via the mini van from Buckingham's Choice and transported to the center. The daily attendance really fluctuates. Plans are being made to attend a local restaurant one Friday per month with transportation via the mini van at a cost of \$1.00 per mile. The Tuesday knitters won an award at the Damascus Fair. Susan Hofstra recommends that the CoA provide a presentation at the various centers to educate seniors on the purpose of the commission.

- Update on Brunswick Senior Center – Shirley Shores indicated that ministries are declining and the center is growing.
- CASS Building – Recommend the food bank and senior center be located in one building which will afford partnering with after school program, and emergency funding. This would also encourage senior participation within the community. It was noted that the Brunswick Senior Center is cozy but with minimal parking located on a hillside. There have been conversations with the City Council and Mayor regarding the future needs of the senior center. Discussions are underway with Rick Weldon and the city council regarding a time frame. Also discussing transportation of seniors to Mt. St. Mary's to water aerobics classes.

VI. **Reports**

- **Nominations Committee** – Dr. Earl Beck indicated that several ads have been placed but replies are not being received, however, he received two applications today. Dr. Beck recommended more involvement at each of the senior centers in hopes of sparking an interest in serving on this commission.
- **Senior Voices** – Louis Lynch indicated that the Thurmont Middle School donated computers to the Thurmont Senior Center. However, they have not been activated. Funds have been obtained to activate the hookup.

- VII. **Director's Report** – Carolyn True indicated that the food bid would soon be going out for bid. She is hopeful we will be able to continue with Business Food Solutions. The Health Department is holding a Flu Clinic on November 2, 2007 at T.J. High School, Brunswick High School and Urbana Senior Center. Drive through will be available at T. J. and Urbana sites. Flu shots are \$15.00, Flu Mist is \$17.00.

VIII. **Other Business** –

- Animal Welfare League (AWL) and the Pets Eat Too (PET) Program - Dr. Earl Beck expressed concern with the clients who receive MOW and who have animals. He has been working with several Veterinarians and, unfortunately, they do not do pro-bono work. Emily Kilby, Partners-in-Care, has worked with volunteers in providing transportation. Karen Barnes, Animal Welfare League, will take care of the cost of taking care of the animals and paying Vet bills. There are no limitations on which Vets to use. AWL recently took care of a situation where a large number of cats resided in one home. Dr. Beck recommended a revisit to this home in 6 months. Currently, we are providing pet food to 7 animals and 1 parrot. Kitty Devilbiss, Community Services Manager, clarified the process regarding getting client's pets on the Pets Eat Too (PET) Program. During the in-take process of adding a new client to the MOW Program, they are queried if they have pets to ascertain if pet food is also needed. This ensures the client is actually eating a balanced diet and not sharing with their pet. We are also working on providing Christmas stockings for the pets. We now have one volunteer who makes all pet food deliveries on 1 day. The Partners-in-Care volunteers provide the transportation of pets to the veterinarian. AWL has received a \$1,000 donation to help take care of our pets on the Pets Eat Too Program. Sue Adams questioned how does one go about

making a donation to the AWL. Dr. Earl Beck will bring the AWL newsletter to the next meeting that provides this information.

- Location of Future Coa Meetings - After a brief discussion, it was agreed the CoA meetings be held on a quarterly basis at the various senior centers. This will ensure all centers are routinely visited. Hal Ehart recommended members drop in for meal periods at the various centers. Louis Lynch recommended going as a group in lieu of alone as it will have more of impact. This would allow us to interact with seniors and to taste test meals. It was reiterated that advance notice is required to ensure that additional meals are available to the guests. All were in favor. The first center to be visited will be the Thurmont Senior Center at our November meeting on the 11-19-07. Please note, the senior centers are closed on Monday, November 12, 2007, in recognition of the Veterans' Day holiday and therefore, will be held a week later than usual. A list of the senior center phone numbers will be provided for member's future reference.
- Gerontology - Aging Studies - Fall 2007 - Sue Adams distributed information on FCC's noncredit gerontology courses for review/consideration. It was noted that Carolyn True chairs the Gerontology Board.
- Ombudsman Program - Mia Brust distributed a brochure on the Navigating the Nursing Home Journey indicating that this is a 4 part module that provides practical information in helping families transition their loved one to a nursing home.
- AARP Divided We Fail Campaign Goals - Carolyn True distributed a flier regarding said campaign in securing commitments to support meaningful action on a bi-partisan basis. He advised that Senator Clinton and Obama are signed up to be in attendance.
- Status of the new Citizen's Nursing Home - Bob Wannemacher questioned the status of this project. It was noted that it is 80% in the design stage. Start date in FY08 is the goal.
- Carol Haag, RSVP - Carol indicated that the Breakfast of Champions will be held on September 28, 2007 at Dutch's Daughter. There are 250 active volunteers invited. The MD Ensemble to provide entertainment. The Presidential Volunteer Award is presented for 100 hours of service. Volunteer Frederick is receiving funding this year, per Barry Stanton, for emergency disaster preparedness.
- Senior Fraud Presentation - Pete Allen indicated he attended said program and stated that there was very good information provided as well as advisement on new tricks of the trade.
- State AARP - Robert Wannemacher indicated that a driver refresher course would be held on October 9 & 10<sup>th</sup>, from 10:00 am to 3:00 pm at the Elks Lodge.
- United Seniors of MD - Louise Lynch recommended contacting the Governor to request the restoration and increase of funding for senior services in MD and, in particular, the Ombudsmen program for nursing homes. We may need to consider charging a fee. We need to be proactive and advocate our needs. She also stated that the electric deregulation might be reversed.
- National Senior Center Week - Susan Hofstra indicated that all senior centers would participate in a dance at the Frederick Senior Center on Friday, September 14<sup>th</sup> from 1:00 to 3:00 pm. Buckingham's Choice will cater the lunch.

IX. **Adjournment**

The meeting adjourned at 2:15 pm.

Respectfully submitted,

Mary S. Bevard-Cline,  
Recording Secretary

**NEXT MEETING will be October 15, 2007**, 1:00 pm at the Frederick County Department of Aging, 1440 Taney Avenue, Frederick, MD. 21702. Please mark you calendars.